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Infection Control Policy

Infectious Disease Control Procedures

Infectious Disease refers to a disease that is caused by a microorganism or other agent, such as a bacterium, fungus, or virus, that enters the body of an organism. In humans that may result in the common cold or flu. As well, in some cases it may result in food poisoning and in extreme cases it can lead to outbreaks such as H1N1. As such our One Hope Canada camps understand and follow procedures in order to help prevent the spread of these infectious diseases.

General Prevention

- 1. **Wash with disinfecting soaps**: all personnel and campers wash their hands thoroughly with a disinfecting soap (such as an antibacterial soap) before all meal times or anytime that food is being handled or eaten. So antibacterial soaps should be available at all wash stations e.g.) washroom sinks, kitchen sinks, etc.
- 2. **Promote proper hygiene**: all personnel and campers are made aware of proper hygiene standards e.g.) washing hands with an antibacterial soap after using the restroom facilities, showering, brushing teeth, changing clothes regularly, etc. Most infectious can be reduced by 20% if you use proper hygiene.
- 3. **Use proper food handling safety guidelines**: We ensure that at least one cook, for sure the head cook, has their food safety handling course and that all procedures are followed. This includes proper sanitation and drying techniques of all dishes, pots, pans, etc.
- 4. Wash or spray with disinfectants: We wash or spray all high traffic areas such as door handles and around the area where hands come in contact repeatedly with something like "Lysol Disinfecting Wipes". We wash or spray shared equipment e.g.) helmets, with disinfectants after each use.
- 5. **Teach proper coughing and sneezing techniques**: proper coughing & sneezing techniques are important when reducing the risk of spreading infectious diseases. We instruct our personnel to remember to promote not coughing or sneezing into one's hands but instead use the crook of your elbow or an even better a Kleenex that can be disposed of immediately.
- 6. **Cabin Cleanup:** at the end of each session of camp, each cabin is thoroughly cleaned. Floors are mopped with an all-purpose cleaner/disinfectant. All beds are wiped down with a strong disinfectant, and propped to insure sufficient drying.

Prevention When Threat of Increased Risk

- 1. **Provide hand sanitizer:** when there is an increased risk our camps provide hand sanitizer to all campers and personnel in high traffic areas such as the dining hall, chapel, etc. Everyone is instructed (on how) to use this sanitation technique.
- 2. Isolation is key: during times of increased risk for the spread of infectious diseases all those that are infected are isolated to be overseen by the camp nurse if going home for an isolation period is not an option. However, whenever possible infected individuals should be seen by a doctor and leave camp until medically cleared to return. This is not the case just for the common cold or something similar but for a more serious problem such as H1N1. The camp nurse keeps an eye on all those that may have been in close contact with the infected individual(s).